

Call on us

in a mental health emergency.



Tel. 0300 0200317

**For those living in County Durham and Darlington,
Teesside and North Yorkshire and York.**

Our new all age single point of access telephone number is available
24 hours a day seven days a week; making it easier to get crisis support
when and where you need it

www.tewv.nhs.uk/crisisadvice