

Call on us...

in a mental health emergency.



Tel. 0300 0200317

**For those living in County Durham and Darlington,
Teesside and North Yorkshire and York.**

Our new, all age, single point of access telephone number is available 24 hours a day, seven days a week; making it easier to get crisis support when and where you need it.

www.tewv.nhs.uk/crisisadvice